

WHAT IS MY SKILL LEVEL?

1

2-4

5-6

7-9

Video

LEVEL 5

Description: You ski or ride comfortably and confidently on all “green circle” and most groomed “blue square” terrain at Vail. You can link turns (mostly parallel for skiers) of varying sizes and you can control your speed in most situations by adjusting your line, with little need for braking.

What to expect—depending on your needs and goals:

- Explore higher speeds and more vigorous movements for shorter, complete turns.
- Develop higher edge angles and discover the control and sensations of carved turns.
- Gain confidence on steeper, more challenging groomed blue terrain.
- Venture into easiest ungroomed terrain.
- Skiers learn to incorporate pole use for better timing and precision.

LEVEL 6

Description: You are comfortable and confident on any groomed “blue square” terrain, and capable of skiing or riding easiest ungroomed and moguled blue terrain. You can link turns of varying size at moderate speed. If you are a skier, you are usually parallel, and you may use a pole swing or plant in most of your turns. Snowboarders are beginning to skid less, with the tail of the board following the tip, for more control of their line.

What to expect—depending on your needs and goals:

- Refine your balance, technique, and consistency.
- Explore technical options for more versatility, from pure-carved turns to braking. Skiers learn to use both skis independently, with step turns, stem turns, and one- or two-footed movements. Snowboarders develop rhythm and build your bag of tricks with more varied movement options.
- Explore tactical options for confidence in more challenging blue terrain and conditions, including the steepest blue square runs and easy moguls.