

Volume

11

VAIL/BEAVER BUDDY WERNER LEAGUE

BEAVER CREEK, COLORADO

2021-2022
COACHING
HANDBOOK

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WELCOME!

Each season Vail/Beaver Creek BWL has up to 300 skiers in the program and over 50 volunteer coaches. Our coaches' focus is always on safety, etiquette (on and off of the mountain), an introduction to racing, an overall knowledge of the mountain / skiing, and FUN! Being a coach with BWL can be an incredibly rewarding experience; the board of BWL developed this handbook to provide you with information and resources to ensure that the coaches have the tools for a successful season. Without you, this program could NOT exist. The coaches in the program are the backbone of BWL and are very much appreciated. There may be times during the season that you will have frustrating experiences; we want you to know that we as a board and staff are always here to back you. Please contact the BWL Board with any issues that you may have-whether it be with a child a parent or a fellow coach/volunteer. We want this to be a fun and rewarding experience for you as much as the skiers.

This year will look only slightly different then a normal season due to the COVID-19 Pandemic. We have created a COVID-19 Standard Operating Plan which is attached to this document as an Addendum as well is available on our website. BWL will follow all state and local COVID-19 guidelines. All COVID-19 changes are in the handbook in Red.

Again, THANK YOU!

2021-2022 Season Calendar

This schedule is approved by Beaver Creek but may change at any time:

- Testing Day December 5th for all new skiers to the program. Meeting time and place will be emailed a few days prior but will fall between 9am and 12pm and will last approx 1-hour. Coaches will not be required to attend this year.
- Contact Days December 11th, 18th; January 9th, 23rd; February 6th, 19th and March 13th - Final day of BWL/Coaches Race.
- Race Days January 30th, February 12th and February 27th. All skiers will race each day.

The BWL Western Slope State Championships will be at Beaver Creek on March 6. See page 9 for more information.

Coaching Information and Requirements

Without our coaches, the Buddy Werner League wouldn't exist! Your dedication and commitment to the league is essential to our success. We provide basic ski skills and race training annually for all of our volunteer coaches and require that our coaches have a passion for skiing. In addition to training, BWL provides a lift ticket on contact days to coaches without lift passes, a BWL Coaching jacket (please wear every BWL day) and a discount off Registration.

Buddy Werner League coaches MUST meet and complete the following qualifications:

- Skier Level of 6 or better (unless coaching a group of a higher level)
- Attend Coach training – Off-Snow (Nov 16; 6pm at BMHS) and On-Snow (Dec 5; 12 - 3)
- Pass a Colorado Bureau of Investigation background check (Please let us know via email if there is something we will find)
- Coaches MUST be able to coach on all contact/race days.
- Complete a youth concussion course (each year) to comply with C.R.S. 2543-101 through 103.

We recommend the CDC free online course at:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

**Other courses may be available.

- USSA Level 100 courses may also be available to BWL coaches in early season.
- BWL has created a Coaches Resource page on our website for you to use for skills and drills. Please check it out and let BWL know if additional skills info should be added.

Your Team

Skiers are grouped by skier level, age and friend requests. There are no size restrictions at the time of this update. Coaches will choose if they want to keep their smaller team or merge back with their larger team. Teams are typically 2 coaches with 8 – 10 skiers.

Some of our BWL teams are at capacity and have skied together for many years. Other teams are incomplete and will be completed after our new skier Testing day. Coaches with incomplete teams may come to testing but it will not be mandatory. The idea behind this is for coaches to assess what skiers would work well with their groups. This will also be a time to match you up with another coach if you do not have a co-coach. Our idea in BWL is to do the very best we can in putting a team of skiers together with similar ages and ability levels. This is not always a perfect science; especially considering the assessment day may be a child's first day on skis for the season. We ask that you be patient through the process and even be patient with a skier that may not be the "perfect" fit for your team. Obviously, if a child ends up on your team that is just not going to fit at all, we ask that you identify that sooner than later so we can make the transition to another team as painless as possible. After the assessment process is complete, we will get you a complete list of your team so that you may contact the parents of the skiers on your team.

Teams need to stay together during the BWL ski day. If your team is split between racing/terrain park/trees/etc preferences please split your day plan rather than your team. Acting as a team and staying together is an important part of being in BWL.

Again this year, BWL will be hosting a team competition based on the overall race times of the team. The week after each race, a BWL TOPS sticker will be provided to the team with the fastest race times.

Communicating with your team

As soon as your team roster is complete, we ask that you communicate with your parents via e-mail or a phone call. BWL will provide a template each week for you to use in your emails. Please reach out to your returning team in early December to welcome everyone back. We recommend that the first communication is by phone, but we do understand that we are all busy and email may be easier. **Please plan to e-mail your team prior to 5pm Friday each week BWL meets.** Your initial email/phone call should include the following information:

-Coaches' names and phone numbers/email addresses

-You will receive a spreadsheet with all of your skier's info. Please confirm this info for each skier to make sure it is all correct-especially phone numbers and age of each skier as of 12/31/21. If their age is incorrect and they post a result as the incorrect age, they will not be given an award for either age category - PLEASE LET THE ADMINISTRATOR KNOW IF IT IS WRONG ASAP.

-Meeting time and place for first day drop-off and pick-up. It's recommended that you use the same plan all year to make it easy for parents to find you.

-Reminder of what each skier needs to bring to BWL:

- **Facial covering for lunch.**
- Ski pass - If the child shows up to BWL without their pass, they will be taken to the table parent and their parent will be called. It will then be up to the parent to help the child get a new pass and reconnect with his/her team. Older skiers can do this on their own.
- Appropriate clothing, helmet, eye protection, and WARM mittens/gloves.
- Snacks/**Lunch/Money for lunch**
- Please remind parents that kids should come ready to ski (with boots on). Remind them to label all of their child's gear and make sure it is all in proper working order and fits properly. There will be no gear storage this year.
- If a child shows up missing any of the above items, please bring them to the BWL Info Table and the table parent will contact the parent to either pick the child up or bring the item to the child and then make arrangements to meet the team on the mountain. We do not expect an entire team to change their plans for a child that has forgotten something or is late. It is up to the parent to meet up with the team wherever the team may be on the mountain.
- BWL bibs - will be passed out on the first day. The numbers are specific to each racer and it is up to you to make sure each child gets the correct bib number based on your team cards. The bib is for each racer to keep (and personalize if they would like). **Skiers 6th grade and below are REQUIRED to wear their race bib EVERY DAY of BWL-not just race days. 7th & 8th Graders may wear the Official BWL Jacket or the race bib for non-race days.** First and foremost this is for safety reasons as well as to provide our sponsors with the advertising exposure they paid for. Their sponsorship dollars are essential to our being able to provide an affordable program. It is also imperative that racers wear their bib on race day as skiers race in bib order. **NO BIB, NO RACE!**

Weekly emails will be sent to all coaches from the BWL Administrator. Please share the info in these with your team each week.

What coaches need to bring:

Coaches-all of the above, plus – Your BWL jacket, team list with parents' emergency phone numbers and board members' phone number card. Optional items include: hand warmers, Chum (goodies), hot chocolate packs, Kleenex, goggle wipe, and money for a beer for after your day is done! BWL will provide lift tickets to coaches who don't have a lift pass.

Meeting Locations and Times

Buddy Werner League teams will meet at the Bear Lot between 8 and 8:30am. BWL parents will park and walk their skiers to the bus stop area. Older children can be dropped off away from the pick-up area. Express busses will bring skiers to the Landing for access to the Lower BC Express (Chair 15). BWL recommends using your car to store gear.

On the first day, All Coaches need to pick-up bibs/Emergency cards/etc. at the Bear Lot. Please meet your team members at the Bear Lot on the first day. There will be no gear storage. Coaches please show up for the first day 15-minutes prior to your meeting time to prepare for your team's arrival. It can be HECTIC, and it helps to be prepared.

For all other contact and race days, please note schedule outlined below.

<u>Day</u>	<u>Drop Off</u>	<u>Pick UP</u>
Regular Ski Day	8:00AM – 8:30AM	2:30PM / TBD by coach
Race Day	8:00AM	2:30PM / TBD by coach

PLEASE COMMUNICATE your pick-up/drop off plan very clearly with your parents. It is very difficult to try to match up 300 kids to their parents if they have no idea where to find you. Also, please do not leave your skiers unattended at the end of the day.

Lunch

Vail Resorts is requiring that all guests 12 and over show proof of vaccination in order to dine in an on-mountain facility. Credit cards only will be accepted at all on-mountain facilities. Coaches will be required to make reservations via the Epic Promise App starting at 7:00am the prior day.

Lunch plans are up to the coach, but it is imperative that the plan is communicated to all families so skiers have what is needed (cash, sack lunch, etc.) to eat with your team. All teammates must eat together.

Remember, Vail Resorts and Beaver Creek make it possible for BWL to exist. We expect our skiers to be ambassadors of the resort and BWL and always on their best behavior. As noted in the parent handbook, behavior deemed unacceptable by the board will not be tolerated and will be dealt with accordingly. Please help to keep your team under control and make sure to help your team clean up after themselves when they are done.

Expectations

We are all here to have fun; however, as mentioned above, it is a privilege, not a right for us to be at Beaver Creek as a very large and imposing group. Vail Resorts provides us with many resources that allow us to continue the existence of BWL. Therefore, we expect the best from our skiers and volunteers. Some rules we expect our skiers to follow:

- In-control behavior during drop-off/pick-up.
- No snowball fights, EVER.
- In-control behavior at all dining establishments.
- In-control behavior at all times while skiing, especially when entering lift lines and the race arena.
- No foul or obscene language will be tolerated, EVER.
- No drinking or smoking by coaches while training with Buddy Werner Skiers.
- **Lift Line etiquette** -ALTERNATING in line is VERY important. Please teach your skiers the proper way to alternate and make sure they are doing it.

Training Days

On designated days throughout the season, training courses will be available to all teams on Bear Trap in Beaver Creek or on Gunders trail in Bachelor's Gulch. Teams are encouraged to take advantage of training on the practice course. Coaches will be notified at the beginning of the season of the designated days. Skiers may bring race skis.

Race Training days will be: 1/9; 1/23; 2/6 and 2/19. This is subject to change. Please refer to the official schedule on the website for updates.

Race Day Information & Schedule

This is the day that all our skiers look forward to! Race day is an exciting and fun day for all our skiers and it takes a lot of careful management and assistance to run our skiers thru the course 4 times. There are many moving parts to a race day that includes not only skiers but also many volunteers. Below is an outline of the day and some important racer and volunteer information. All BWL races take place on Bear Trap.

Schedule

- 8.30am - Teams board Centennial.
- 8.45am - Race Volunteers check in with Board members. Location TBA.
- Volunteers performing the following jobs: gatekeepers, starters, etc. *are required to attend this meeting to review their responsibilities and the day's schedule.*
- 8:45-9.45am - Course Inspection- all teams are required to inspect both course together with their coaches.
- 9.45am - All racecourse volunteers (gatekeepers, starters, timers, scoreboard etc) should be at their assigned location on the course
- Racers Begin to line-up
- 10:00-11:45 **Race 1. BWL will be running race in bib order, 1 - 300. We expect teams to arrive at least 15 minutes prior to their bib start. (A good rule of thumb is to figure that 4 racers go each minute). This will allow us to run the race faster, and keep all of the age groups together, with the odd bib numbers on one course and the even bibs on the other. The afternoon racecourse will be opposite from the mornings runs. This will mean that the red course will be one race and the blue course will be the other race. Teams should plan to eat lunch as soon as their 1st race is finished.**
- 12pm-12:45 - Course 2 Inspection for skiers
- Lunch for volunteers will be available at the BWL Info Table.
- 12.45pm All racecourse volunteers (gatekeepers, starters, timers, scoreboard etc) should be at their assigned location on the course
- 1pm-3pm **Race 2. Same as above except course assignments are opposite.**
- 3:30pm-4pm Awards Ceremony will take place at Race City located behind the Centennial lift building. We encourage all racers and their families to attend and stay for the awards ceremony even if your child did not place in the top winning categories. This is a great opportunity for your child to cheer on their friends and teammates. We also have a raffle with many great prizes donated by our generous sponsors.

Race day rules and regulations

***No athlete will be allowed to participate on race days until all waivers have been signed, turned in and approved and racer has their assigned, current year bib on!

As stated above, racers will run in bib order. BWL will run all races in bib order on each day. Start lists will be available the morning of each race on <http://www.live-timing.com/>. This website will also help you gauge when your group's start will be, because it is live.

USAA Rules

BWL will use USSA rules as a guideline. These rules are subject to change.

Helmets:

- Our contract with Vail Resorts requires that all competitors, coaches, forerunners, course workers and anyone within the race arena must wear a helmet for official training as well as for the race. For the safety of all of our skiers, BWL recommends that skiers use helmets that are 2 years old or less. **Go Pro Cameras are NOT allowed in BWL Races.**

BWL Race Bib

- We expect our BWL skiers to wear their assigned 21/22 BWL race bib every day of BWL. It is imperative that racers wear their bib on race day as skiers race in bib order. **NO BIB, NO RACE! If a skier skies in the wrong bib, they will be DQd. Please double check this on race day.**

Race Arena

- All athletes are required to inspect the racecourse prior to the start of the race. The competitors with their coach will be allowed on BOTH courses for inspection between 8:30-9:45. This inspection is a side slipping inspection only – NO SKIING, PLEASE.
- When teams arrive in the race arena, please store all skis and poles along the fence above the start line. PLEASE do not block the entrance of the race arena or the start area.
- Teams must be 6 feet from all other teams while at the start or the finish.
- During inspection skiers may NOT ski thru the finish
- For access to the course during inspection, all competitors must have bib showing and all coaches must be with their group.
- There is NO free skiing in the race arena
- **There is NO SKIING, HIKING, etc. in the SNOWMOBILE lane skiers left on Bear Trap**, parents may stand or hike outside of the race arena only.
- There is NO public access to the race course
- Spectators may NOT go down the race course at any time
- All course slippers are required to exit the racecourse BEFORE the finish line (skiing through the finish line at any time during inspection is NOT allowed and can cause your team to be disqualified).
- If there is heavy snow on a race day, coaches will be given specific instructions to help slip and it is possible Beaver Creek Race Dept may cancel the race for safety reasons.

Disqualifications:

A competitor will be disqualified if he/she:

- Skis from one course to another
- Fails to make proper passage around all of the gates on their course. (No hiking is allowed)
- Receives outside help during the competition (If athlete falls and someone helps the athlete back up, with no loss of equipment)
- A parent skis next to their athlete to the finish or crossing the finish line with the athlete.
- Loses a ski more than two gates above the finish line is considered a clear disqualification. The competitor may not continue on the course.
 - The exception to this disqualification is if the athlete loses a ski one–two gates above the finish, the athlete will be allowed to cross the finish line and a time will be awarded
- Finishes the run on the wrong finish line.
- If a skier faults, he may not continue through the finish line.

***In case of a fall between the last gate and the finish line, the time is taken when a part of the competitor's body or equipment stops the timekeeping system

Following each race (morning/afternoon), disqualifications (DQ) will be texted to all coaches as soon as all gate judge scorecards are in. Once the DQ list is shared, 15 minutes will be allowed for the DQ to be challenged (protested); after this time the disqualification will stand as posted. A board member will be placed at the start of the racecourse and/or in the timing building. A board member may only accept a protest if it is based upon physical evidence or eyewitness testimony and new evidence exists that relates to the disqualification.

Rules of Re-Runs

Prerequisites

- Any competitor who is obstructed while racing must stop immediately after the incident takes place, exit the racecourse and NOT continue through the finish.
 - The competitor would make his/her way to the finish line along the side of the course.
 - The Competitor must apply to a board member for a rerun. Board members are located at the finish area or in the finish timing building
- Provisional re-runs will be given if, in special situations (e.g. in case of a missing gate, failure of the timekeeping system or other technical failures), the board may order a rerun.
 - Grounds for interference
 - Blocking of the course by an official, a spectator, an animal or other obstruction
 - Blocking of the course by a fallen competitor who does not clear the course quickly enough
 - Objects in the course such as a lost ski pole or the ski of a previous competitor
 - Absence of a gate knocked down by a previous competitor that has not been promptly replaced
 - Other similar incidents beyond the will and control of the competitor
 - Validity of a re-run
 - If the competitor was already disqualified before the incident entitling him to a re-run, the re-run is not valid
- The provisional or subsequently approved run remains valid even if it proves slower than the previous run.
- Start time of the re-run
 - The start referee will insert the re-run competitor into the already established start times once the competitor is ready.

Disqualifications/Protests:

Following each race (morning/afternoon), disqualifications (DQ) will be texted to coaches as soon as all gate judges' scorecards are in. Once the DQ list is texted, 15 minutes will be allowed for the DQ to be challenged (protested) by a coach; after this time the disqualification will stand as posted. A board member will be placed in the timing building. A board member may only accept a protest if it is based upon physical evidence or eyewitness testimony and new evidence exists that relates to the disqualification.

Gate judge importance:

- The gate judge is to follow the instruction of the board
- If a competitor does not pass a gate correctly the gate judge must immediately and clearly mark the gate keeper card with the following:
 - The bib number of the competitor
 - The gate number of where the fault was made
 - A drawing of the fault committed is essential
- The decision handed down by the gate judge must be clear and unbiased.
- The gate judge must also observe that the competitor accepts no outside help (in case of a fall)

- A gate has been passed correctly when both the competitors ski tip and both feet have passed across the gate line.
- If a skier stops or loses continuous motion at any time, they will be a DSQ and the judge will note their bib # on the card.
- If the competitor loses a ski, the competitor will not be allowed to continue and the gate keeper will note this on the card as a DNF
- The gate judge must declare a fault only when he/she is convinced that a fault has been committed
- The gate judge can consult the adjacent gate judge in order to confirm his opinion; he/she can (if time allows) quickly check the race line to see tracks on the course.
- When an adjacent gate judge or a member of the board makes a report concerning a competitor, which differs from the notes of the gate judge in question, the board may freely interpret the notes in view of a possible disqualification or a protest.
- A gate judges that has a fault on their card will be required to explain the fault to the head gate judge or a board member at the finish building. Gate Judges - Please do not leave the race arena until your card has been reviewed and accepted by a board member.
- The competitor is fully responsible for his/her actions and must respect the gate judge's final decision.

Race Format

- BWL will be running TWO separate races each race day. Age group awards will be given for both runs. Age grouping align with USAA Races and other BWL clubs. They are:
 - U8 (7), U10 (8 - 9 yo), U12 (10-11yo), U14 (12-13yo) and U16 (14-15yo). All based on age as of December 31st of that year. U14 and U16 will be scored as one age group.
 - BWL does not allow 6-year old skiers to race on Bear Trap.
- The top 5 male and female in each age group will be awarded at an awards ceremony approximately 45 minutes after the last skier in Race City behind the Chair 6 building.

State points and Calculations

To determine the qualifying racers for the State Finals, points are awarded to competitors finishing in the top 15 for each race in their division. Points are calculated and added to each competitor's accumulative results after each race. The points will be calculated with 4 results, we will throw out the high and the low score of the 6 events skied and calculated to determine the state qualifiers, please know that this is different from years past. If in the event of a tie the tie will be broken with the calculation of all 6 events points.

Place	Points	Place	Points	Place	Points
1 st	25	6 th	10	11 th	5
2 nd	20	7 th	9	12 th	4
3 rd	15	8 th	8	13 th	3
4 th	12	9 th	7	14 th	2
5 th	11	10 th	6	15 th	1

What your skiers need on race day (in addition to list on page 4)

Racers are required to be on time and prepared for the race day i.e., properly equipped and attired. This includes:

- **BWL Race Bib** -We expect our BWL skiers to wear their BWL race bib every day of BWL. This very unique bib helps identify our skiers in case of emergency. Also, our sponsors have paid to have their names on these bibs and the exposure of the bibs being worn every day is part of our

commitment to them. It is also imperative that racers wear their bib on race day as skiers race in bib order. **NO BIB, NO RACE!**

- **Race skis are welcomed but not mandatory.**
- **Facial Covering**
- No broken, questionable or unsuitable equipment is permitted.
- Skiers must race with poles, which have straps.
- Clothing suitable for all weather conditions.
- Helmet
- No Go-Pro Cameras are allowed at BWL Races.

Race Day Etiquette

As was mentioned earlier in the handbook, there are many moving parts to running a race for 300 plus skiers. We've outlined below important information that allows for a smooth race operation. This information applies to racers, coaches, spectators and volunteers.

- **Racers** are required to wear this year's bib on race day. Any racer without their assigned current year bib at the race start will not be allowed to race.
- **Spectators** are always welcome to cheer on our BWL racers. For the safety of both our racers and the spectators, please stay within the designated spectator areas: outside of the finish area fencing, lower knoll of bear trap (away from the race course and behind the spectator fence) and outside the starting gate area.
- **COACHES DO NOT SKI THRU THE FINISH LINE!** Skiing thru the finish line can adversely affect a skier's finish time.
- **PLEASE** help the race crew by slipping the course when you ski down but **PLEASE NEVER** ski through the finish.

Code of Conduct-Skier

Each racer is expected to be a "Junior Ambassador" for the Buddy Werner League program and behave in a manner that will bring credit to the parents, coaches, Beaver Creek Resort and him/herself while skiing, training and racing. Participants should be considerate of the efforts put into providing the skiing and training facilities by the resort and volunteers. Racers must obey all skier safety rules while on the hill. Courteous and responsible behavior is required at all times including while eating in mountain restaurants. Skiers are expected to represent the league and our community in a responsible and positive manner at all times. Skiers with behavioral problems and/or who do not follow the rules of the resort or league will face appropriate disciplinary action by a coach or board member, which can include being sent home or expulsion from the program. Under no circumstances will a racer be entitled to receive a refund of program fees in the event of expulsion from the program.

Code of Conduct-Coaches

Coaches are expected to maintain the high standards upheld by the Buddy Werner League. No foul language, gestures or behavior will be tolerated. We expect coaches to treat their skiers, all other volunteers of the program as well as employees and representatives of the mountain with respect at all times. No smoking, alcohol or drug usage during the time with the children will be allowed. If a coach has an issue with a child, another coach, or another volunteer within the program, it is expected that the issue will be brought to the board's attention immediately for discussion.

SAFETY

Above all else, Buddy Werner League - Vail/Beaver Creek is concerned with the safety of our skiers. We will take the following precautions to ensure our skier's safety:

- Coaches will discuss emergency procedures and precautions with skiers each morning before the first run. Pick a "safety" theme of the day.
- Children 8 and younger (or small children) will ride the chairlift with an adult. NO EXCEPTIONS!
- All skiers MUST wear helmets (2 year's old or less) and we highly encourage our coaches and volunteers to wear a helmet as well.
- Sign in/sign out of skiers will be done by text again this year.

Emergency Procedures

In the event of an emergency, coaches and board members will follow the organization's procedures as noted below. Coaches will review this information with their skiers on the first day **however we ask that coaches also discuss "what if" situations with their teams so that they are prepared in the event of an emergency.** At the beginning of the season, each child will be given an "important contact numbers" card that includes telephone numbers for Ski Patrol and Board members which can be attached to their season pass lanyard. Coaches will also add their contact information on the back.

Sick Child

If a skier becomes sick during the day, a coach will escort the child to the BWL table. The coach or the volunteer on duty will contact the parent or guardian to notify them that the child needs to be picked up. If the child just needs to rest, coaches please check back after 1 run to see if they would like to ski again. If they don't, the parents must be called to pick up the child. **BWL's Info Table/Tent will be in Race City, which is behind the Centennial Lift Building.**

Lost or Child is separated from their team

If a child is lost or separated from their team, the coach will immediately report the child to ski patrol, the BWL Info Table volunteer and a board member. The volunteer, ski patrol and Board member will continue to communicate until the child is found and returned to their team. The child should ski to the last lift he/she rode with their team and notify the Lift attendant that they were separated from their group and need to contact Ski Patrol. It is important to mention that all skiers are required to wear their BWL bib, as it will allow for easy identification.

Injury

In the event of a serious skier injury, please report first to BC Ski Patrol. Know your EXACT location and nature of the injury-please don't speculate. Once, ski patrol has been called, please call a board member from your "important contact numbers" card and the parents of the skier. One coach should stay with the child, and the other coach should ski the remaining team members down. If it's necessary for the skier to be taken down in a toboggan to the Medical Center, a BWL board member will meet the skier there with the Medical Authorization form. A coach or a BWL Board member must remain with the skier until a parent shows up. If a skier is taken down the mountain in a toboggan, they will not be allowed to ski for the rest of that day and a Doctor's release note must be provided before the skier can return to BWL.

Discipline

A child who is unwilling to follow the team plan may also be dropped off at the BWL Info Table to sit with the Table parent. This can be used to encourage an attitude adjustment. A coach must pick the skier up after one run or the skier must be picked up by their parents if they continue to be difficult.

Werner Wisdom Program

In addition to developing our skiers physically, the Werner Wisdom Program helps coaches to strengthen their skiers socially and morally as well. Buddy Werner was well known by his peers for having many positive qualities and we feel that it is our job to instill these as well. Each non-race week coaches will be given a Werner Wisdom topic in the weekly e-mail with a few fun facts to share with your team. PLEASE use this to help enhance your skiers BWL experience and to bring about more meaningful conversation within your group. These are also great to add in the e-mails to parents so they know you the topics you are reflecting on each week. Starting in January teams may award members of their team with a Werner Wisdom Incentive Gift. At the end of the season, the BWL Board will award one skier (nominated by their coach) and one Coach (nominated by parents) as the Werner Wisdom Winners.

Awards Banquet

On the last day of the BWL season, Sunday, March 13 at 2:30pm, BWL will host an awards banquet to celebrate the season. Skiers will be recognized for many achievements. Please plan to attend!

Buddy Werner League Contact Information

The BWL Board of Directors works in cooperation with Beaver Creek Ski Resort to organize, support and manage the BWL program and its events. The purpose of the board is to provide a recreational ski program that is both affordable and fun for experienced skiers in grades 2nd thru 8th. The board's responsibilities include managing the organization's operations, events, property and affairs; to maintain financials, prepare and oversee an annual budget; to review policies and procedures and to the best of their ability maintain good communications with all participants, their families and sponsors who support BWL.

Board members welcome your positive feedback and comments on the program and are available to speak to in person each contact (day) morning and afternoon after teams have departed and/or participants have been picked up. You can also send an e-mail to the board at bwl.vailbc@gmail.com and a board member will respond to you via e-mail or phone call.

Board of Directors

Mike Brown	Ace Essex
Loren Burnett	Chris Kehoe
Jim Childers	Meggen Kirkham
Tom Davies	Jim Mires
Bill Davis	Danielle Steiner
RiAnne Davis	Dana Maurer (Administrator)

Please e-mail BWL.vailbc@gmail.com to get in touch with the board.

Updated 11/17/21

Addendum A

Buddy Werner League Vail/Beaver Creek COVID-19 Standard Operating Procedures – 2021/22 Season

Buddy Werner League COVID-19 Strategy Planning Commission

The Buddy Werner League (BWL) Covid-19 Standard Operating Procedures has been set forth by the Board.

COVID-19 Coordinator: Elizabeth Kruger, MSN

Legal: Michael Dunlevie

Goals

The goal of this document is to provide best practice guidelines for participating families, coaches and skiers during the COVID-19 Pandemic in order to help minimize the risk and spread of the COVID-19 infection during BWL. BWL will follow direction from the state of CO and local Eagle County health authority to keep our participants safe and healthy.

BWL Policies and Procedures for 2021-2022

General

- All participants – Skiers, Coaches & Volunteers are strongly encouraged to be vaccinated.
- BWL will use an online platform for registration (instead of in-person).
- Coaches and Junior Coaches are being asked to be transparent about their vaccination status to their teams.
- Proof of Vaccination and Face coverings are required to enter on-mountain dining facilities, per Vail Resorts.
- BWL skiers and coaches eating on the mountain will use their resort charge or a credit card. No Cash.
- BWL Coaches will use the Vail Resorts Reservation system for on-mountain dining.
- BWL skiers and coaches will wash their hands when using the restroom and before/after eating.
- BWL skiers and coaches will remain 6-feet or more from people not on their teams at all time.
- BWL skiers and coaches will be asked to use cough etiquette – maintain distance, cover coughs/sneezes, wash hands. Also they will be required to avoid hand shaking, hugging and touching their own faces.
- At the start of each day, BWL coaches will communicate “Five Commitments of Containment” to their team.

The 5 Commitments to Limit Transmission of COVID-19 in ALL settings

1. I will maintain 6 feet of social distance
2. I will wash my hands often
3. I will cover my face in public when I can't social distance
4. I will stay home when I am sick
5. I will get tested immediately if I have symptoms

- The BWL primary meeting location at the beginning and end of the day will be at the Bear Lot. A select number of groups may launch from the Elk lot and the Westin Riverfront Gondola with the primary access point being Chair 15, Lower Beaver Creek Mountain Express at the Landing.
- If BWL needs to cancel for any reason due to an increase in COVID-19 cases, no refunds will be issued after December 19.

Weekly Screening

Prior to each BWL day, parents will be expected to conduct a COVID-19 Symptom Check Self-Screening at home for all participants of BWL answering the following questions. If an answer is yes to any of these, please **DO NOT COME TO BWL**:

1. Do you have a fever [greater than 100.4 F/ 38 C]?
 2. Do you have any of the following symptoms?
 - a. Sore throat
 - b. Fever
 - c. Dry cough
 - d. Inability to taste or smell
 - e. Shortness of breath
 - f. New body aches
 - g. New fatigue
 - h. Diarrhea
 - i. Vomiting
 - j. Abdominal pain
 3. Have you tested positive for COVID-19 within the last 10 days?
 4. Have you had a known exposure to anyone presumed positive or tested positive to COVID-19 in the last 10 days?
 5. Have you traveled in the last 14 days for which public health requires you to quarantine?
- If a skier is under quarantine from school, they will not be allowed to participate in BWL during that time.
 - Any participant who tests positive for COVID-19 within 48 hours after the conclusion of a BWL day must contact BWL to initiate proper protocols, and must follow U.S. Ski & Snowboard [Return to Sport](#) guidelines in order to return to BWL. All members of the participant's team will be notified and will also undergo quarantine.

Racing / Training

At this time there are no racing or training restrictions for BWL in Beaver Creek.

- All training and racing participants must commit to physical distancing a minimum of six (6) feet while at rest at the race start and finish of the training course and ten (10) feet while in the gates.

Volunteering

- All volunteers will maintain a minimum of six (6) feet from each other and a minimum of ten (10) feet from skiers on course (racecourse volunteers).
- All paperwork between families and coaches for the entire season will be shared virtually.

Approved and updated 11/9/2021.