

Volume

6

VAIL/BEAVER BUDDY WERNER LEAGUE

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BEAVER CREEK, COLORADO

# 2016-2017 COACHING HANDBOOK

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## **WELCOME!**

Each season Vail/Beaver Creek BWL has 300 skiers in the program and over 75 volunteer coaches. Our coaches' focus for the season will be on safety, etiquette (on and off of the mountain), an introduction to racing, an overall knowledge of the mountain and skiing, and FUN! Being a coach with BWL can be an incredibly rewarding experience; the board of BWL developed this handbook to provide you with information and resources to ensure that the coaches have the tools for a successful season. Without you, this program could NOT exist. The coaches in the program are the backbone of BWL and are very much appreciated. There may be times during the season that you will have frustrating experiences; we want you to know that we as a board and staff are always here to back you. Please come to us with any issues that you may have-whether it be with a child a parent or a fellow coach/volunteer. We want this to be a fun and rewarding experience for you as much as the skiers.

Again, THANK YOU!

## **2016-2017 Season Calendar**

Dates for the upcoming season are:

- Registration    October 19, 5:30 – 7:30 at Eagle Valley High School in the Cafeteria, Eagle  
October 20, 5:30 – 7:30 at Battle Mountain High School in the Cafeteria, Edwards
- Test Day        December 4<sup>th</sup> for all new skiers to the program. Meeting time and place will be emailed a few days prior but will fall between 8am and 12pm and will last approx 1-hour.
- Contact Days    December 10<sup>th</sup>, 17<sup>th</sup>, January 8<sup>th</sup>, 28<sup>th</sup>; February 5<sup>th</sup>, 26<sup>th</sup> and March 12<sup>th</sup> - Final day of BWL/awards ceremony.
- Race Days        January 22<sup>nd</sup>, January 29<sup>th</sup> and February 12<sup>th</sup>.
- BWL Champ.    March 5<sup>th</sup>-6<sup>th</sup> at Sunlight Ski Resort. (February 26<sup>th</sup> training.)

## **Coaching Information and Requirements**

Without our coaches, the Buddy Werner League wouldn't exist! Your dedication and commitment to the league are essential to our success. We provide basic ski skills and race training annually for all of our volunteer coaches and require that our coaches have a passion for skiing. In addition to training, BWL provides a lift ticket on contact days to coaches without lift passes and a discount off Registration.

To become a Buddy Werner League coach, you must meet and complete the following qualifications:

- Skier Level of 6 or better (unless coaching a group of a higher level)
- Attend Coach training – Off-Snow (Nov 15; 6 – 8 at BMHS) and On-Snow (Dec 4; 12 - 3)
- Pass a background check
- Coaches must be able to coach on all contact/race days. Although we understand that this is not always possible, we assign 2 coaches per team in the event a coach is sick or unavailable.
- All coaches will have to complete a youth concussion course to comply with C.R.S. 2543-101 through 103. Several courses are available free online at:

<http://www.cdc.gov/concussion/headsup/training/headsupconcussion.html>

and through CHSAA at:

<http://www.nfhslearn.com/index.aspx>.

Other courses may be available.

## Your Team

Some of our BWL teams are at capacity and have skied together for many years. Other teams are incomplete and will be completed after our new skier Testing day. **New coaches and coaches of incomplete teams are required to attend testing day. Specific times will be given to coaches the week of December 5<sup>th</sup>.** The idea behind this is for coaches to assess what skiers would work well with their groups. This will also be a time to match you up with another coach if you do not have a co-coach as of yet. Our idea in BWL is to do the very best we can in putting a team of skiers together with similar ages and ability levels. This is not always a perfect science, especially considering the assessment day may be a child's first day on skis for the season. We ask that you be patient through the process and even be patient with a skier that may not be the "perfect" fit for your team. Obviously, if a child ends up on your team that is just not going to fit at all, we ask that you identify that sooner than later so we can make the transition to another team as painless as possible. After the assessment process is complete, we will get you a complete list of your team so that you may contact the parents of the skiers on your team.

## Communicating with your team

As soon as your team is complete, we ask that you communicate with your parents via e-mail or a phone call. Please determine with your co-coach who will be responsible for the parent communication and make your initial communication no later than Monday, December 5<sup>th</sup> for existing teams and as soon as you hear from BWL after testing for new teams. We recommend that the first communication is by phone, but we do understand that we are all busy and email may be easier. **Please plan to e-mail your team prior to 5pm Friday each week BWL meets. BWL will provide a weekly e-mail template for this purpose.** Your initial email/phone call should include the following information:

**-Coaches' names and phone numbers/email addresses**

**-A request for each skier's info to make sure it is all correct-especially phone numbers and age-it is their age as of 12/31/15. If their age is incorrect and they post a result as the incorrect age, they will not be given an award for either age category - PLEASE CHECK EACH CHILD'S AGE AND LET THE ADMINISTRATOR KNOW IF IT IS WRONG ASAP.**

**-Meeting time and place** for first day-and pick up time and place for first day. A follow up email can explain meeting times and places for the rest of the season as the first day will look different than the remainder of the season.

**-Reminder of what the child needs to bring:**

- Ski pass
- Appropriate clothing, helmet, eye protection, mittens/gloves
- Lunch money and snack money (at least \$15).
- Please remind parents that kids should come ready to ski (with boots on). They need to leave their skis in the racks in front of Powder 8 (suggest the rack closest to the ski school yard so they are easier to find). Remind them to label all of their child's gear and make sure it is all in proper working order and fits properly. Coaches and skier may store gear in Heritage Hall or the Chop House Breezeway when BWL has it, however, we will not be responsible for anything left with us during the day. See dates below.

- If a child shows up missing any of the above items, please bring them to a board member and they will contact the parent to either pick the child up or bring the item to the child and then make arrangements to meet the team on the mountain. We do not expect an entire team to change their plans for a child that has forgotten something or is late. It is up to the parent to meet up with the team wherever the team may be on the mountain.
- Race bibs - will be ready for you on the first day. The numbers are specific to each racer and it is up to you to make sure each child gets the correct bib number. The bib is for each racer to keep (and personalize if they would like). **Skiers 6<sup>th</sup> grade and below are REQUIRED to wear their race bib EVERY DAY of BWL-not just race days. 7<sup>th</sup> & 8<sup>th</sup> Graders may wear the Official BWL Jacket or the race bib.** First and foremost this is for safety reasons as well as to provide our sponsors with the advertising exposure they paid for. Their sponsorship dollars are essential to our being able to provide an affordable program.

Weekly emails will be sent to all coaches from the BWL Administrator. Please share this information with your team each week.

### **Meeting Locations and Times**

Buddy Werner League meets at the base of Beaver Creek, inside or outside of Village Hall/Powder 8/BC Chop House Breezeway. Coaches please do not arrange to meet teams at any other location. Meeting at any other location is a direct violation of our agreement with the resort and could have a negative impact on our relationship with Beaver Creek Resort. The exact drop off and pick up location outside of Powder 8, inside Heritage Hall or Chop House Breezeway will be determined by you, the coach and will be communicated to the family prior to the first day. ***On the first day of the season, All Coaches need to pick-up bibs at the Chop House Breezeway – Returning Coaches by 8:15am and New Coaches by 9:00am. Please meet your team members outside on the snow either near Centennial or outside of the Chop House. Gear storage will be available at the Chop House Breezeway. All returning teams will start at 8:30AM; new teams will start at 9:15AM on the first contact day only. For all other contact and race days, please note schedule outlined below. Coaches please show up for the first day 15-minutes prior to your meeting time to prepare for your team’s arrival. It can be HECTIC, and it helps to be prepared.***

<u>Day</u>	<u>Drop Off</u>	<u>Pick UP</u>
Regular Ski Day	8:45AM / TBD by coach	2:30PM / TBD by coach
Race Day	8:30AM / TBD by coach	3:30PM / TBD by coach

As a coach, you may determine exactly when and where at the base of Beaver Creek you will meet your team. Some teams choose not to come our meeting room as it is hectic and they just prefer to meet out in front. The same goes for pickup. However, wherever you choose to meet in the morning and the afternoon, PLEASE COMMUNICATE your plan very clearly with your parents. It is very difficult to try to match up 300 kids to their parents if they have no idea where to find them. At this time, we will have the following space available for gear storage:

**Heritage Hall (teams can meet here as well) - DEC 17; JAN 8; FEB 12; MAR 12.**

**BC Chop House Breezeway (limited meeting space) – DEC 10; JAN 22, 28, 29; FEB 5 & 26**

### What your skiers need to bring:

- **Ski pass** - Buddy Werner will NOT provide a pass to any child. If the child shows up to BWL without their pass, they will be taken to the table parent and their parent will be called. It will then be up to the parent to help the child connect with his/her team.
- **Lunch money (or a sack lunch the child can carry with them)** - If a child brings their own lunch, they must be able to carry it with them all day. Some of the on-mountain restaurants are no longer allowing sack lunch eating in their establishments and may ask the skier to eat outside. Please be courteous if this happens.
- **Helmet** - A snow sport specific helmet is required for all children in the program. The helmet needs to be properly fitting and in good condition in order for the child to ski with BWL. Although it is not required, we do encourage you to set a good example for the kids and wear a helmet
- **Appropriate clothing** - Waterproof, warm ski pants, ski jacket, mittens/gloves, goggles and preferably a neck gator are required. If a child shows up to BWL without these items, they will be sent to the parent table and a parent will be called.
- **Appropriate Equipment** - Equipment that has been certified by a ski technician is required by BWL. If equipment is deemed un-safe by BWL, we will call a parent to discuss.
- **BWL Race Bib** - We expect our BWL skiers 6<sup>th</sup> grade and below to wear their BWL race bib every day of BWL. **7<sup>th</sup> & 8<sup>th</sup> Graders may wear the Official BWL Jacket or the race bib.** This very unique bib helps identify our skiers in case of emergency. Also, our sponsors have paid to have their names on these bibs and the exposure of the bibs being worn every day is part of our commitment to them. It is also imperative that racers wear their bib on race day as skiers race in bib order. **NO BIB, NO RACE!**

### What coaches need to bring:

- **Coaches-all of the above, plus** – Your BWL jacket, Chum (goodies), hot chocolate packs, Kleenex, team list with parents emergency phone numbers, board members' phone number card, goggle wipe, money for a beer for after your day is done! BWL will provide lift tickets to coaches.

### Lunch

Your time/location for lunch will be up to the coach but we recommend eating before 12:00 or after 1:30pm. If you are training at Gunders, it may be easiest to eat lunch at Arrowhead. Otherwise, Spruce Saddle or Talons would be your best bet. However, a kid's lunch at Spruce is now in the \$15 range. Powder 8 does not accept resort charge, which many of your kids will have, so please keep that in mind. Another option is to go to one of the village restaurants. Blue Moose Pizza, Dusty Boot, etc. All would accommodate our skiers.

Remember, if your skiers are brown bagging, many of the restaurants will ask you not to eat inside their establishment. Please be respectful of this. We will have lunch "monitors" at Spruce Saddle, Talons and at Arrowhead to help your group have an enjoyable lunch. Remember, Vail Resorts and Beaver Creek make it possible for us to continue the existence of BWL. We expect our skiers to be ambassadors of the resort and BWL and always on their best behavior. As noted in the parent handbook, behavior deemed unacceptable by the board will not be tolerated and will be dealt with accordingly. Please help to keep your team under control and make sure to help your team clean up after themselves when they are done.

## Expectations

Yes, we are all here to have fun; however, as mentioned above, it is a privilege, not a right for us to be at Beaver Creek as a very large and imposing group. Vail Resorts provides us with many resources that allow us to continue the existence of BWL. Therefore, we expect the best from our skiers and volunteers. Some rules we expect our skiers to follow:

- In-control behavior during drop-off/pick-up-no snowball fights, etc.
- In-control behavior at all dining establishments
- In-control behavior at all times while skiing
- No foul or obscene language will be tolerated. EVER.
- No drinking or smoking while training with Buddy Werner Skiers.
- **Lift Line etiquette** -ALTERNATING in line is VERY important. Please teach your skiers the proper way to alternate and make sure they are doing it.

## Training Days

On designated days throughout the season, a training course will be available to all teams on Bear Trap in Beaver Creek or on Gunderson trail in Bachelor's Gulch. Teams are encouraged to take advantage of training on the practice course. Coaches will be notified at the beginning of the season of the designated days.

## Race Day Information & Schedule

This is the day that all our skiers look forward to! Race day is an exciting and fun day for all our skiers and it takes a lot of careful management and assistance to run 300 plus kids thru the course twice. There are many moving parts to a race day that includes not only 300 skiers but also many volunteers. Below is an outline of the day and some important racer and volunteer information. The race takes place on Bear Trap.

### Schedule

8.30am	Teams meet and depart from outside of Powder 8 or Chop House.
8.45am	Volunteers check in with a Board member in at the BWL table located in Heritage Hall or the BC Chop House Breezeway (see schedule)
9.00am	Race Official's meeting (BWL table) - Volunteers performing the following jobs: gatekeepers, starters, etc. <i>are required to attend this meeting to review their responsibilities and the day's schedule.</i>
9-9.45am	Course Inspection- all racers are encouraged to inspect the course with their coach and team
9.50am	- All racecourse volunteers (gatekeepers, starters, timers, scoreboard etc) should be at their assigned location on the course - Racers Begin to line-up
10.00am- 12:00pm	Race 1 start. BWL will be running races in bib order again this year. We expect teams to arrive at least 15 minutes prior to their bib start. This will allow us to run the race faster and all of the groups together, with the odd bib numbers on one course and the even bibs on the other. The afternoon race will be opposite from the mornings runs. This will mean that the red course will be one race and the blue course will be the other race for each racer.
12pm-12:45	- Course 2 Inspection for skiers - Lunch (lunch and water is provided for volunteers on race day)
12.45pm	All racecourse volunteers (gatekeepers, starters, timers, scoreboard etc) should be at their assigned location on the course

1pm Race 2 Start.

3:30pm-4pm Awards Ceremony will take place at Race City located behind the Centennial lift building. We encourage all racers and their families to attend the awards ceremony even if your child did not place in the top winning categories. This is a great opportunity for your child to cheer on their friends and teammates. We also have a raffle with many great prizes donated by our generous sponsors.

### **Race day rules and regulations**

\*\*\*No athlete will be allowed to participate on race days until all waivers have been signed, turned in and approved.

As stated above, racers will run in bib order. This year we will run all three races in bib order from 1 – 300. The BWL Board feels that this is the safest way to run our races. Start lists will be available the morning of each race on <http://www.live-timing.com/>. This website will also help you gauge when your group's start will be, because it is live. A good rule of thumb is to figure that 4 racers go each minute. Please arrive at least 15 minutes prior to your team's estimated start times. We will do our best to stay on the schedule. This is easiest to do when all teams are at the start ahead of time!

### **USAA Rules**

BWL will use USSA rules as a guideline. These rules are subject to change.

### **Helmets:**

- Our contract with Vail Resorts requires that all competitors, coaches, forerunners, course workers and anyone within the race arena must wear a helmet for official training as well as for the race. **Go Pro Cameras are NOT allowed in BWL Races.**

### **BWL Race Bib**

- We expect our BWL skiers to wear their 16/17 BWL race bib every day of BWL. It is also imperative that racers wear their bib on race day as skiers race in bib order. **NO BIB, NO RACE!**
- If a BWL bib is lost, a replacement bib will cost \$25 before the first race and \$35 after the first race. If a BWL bib is lost, please contact Beaver Creek Lost & Found.

### **Race Arena**

- All athletes are required to inspect the racecourse prior to the start of the race. The competitors with their coach(es) will be allowed on the course for inspection at a designated time of 8:30-9:45 and 11:30-12:45. This inspection is a side slipping inspection only.
- NEW - Athletes May ski the racecourse during inspection this year.
- During inspection you may NOT ski thru the finish
- For access to the course during inspection, all competitors must have bib showing and all coaches must be with their group.
- There is NO free skiing in the race arena
- **There is NO SKIING, HIKING, etc. in the SNOWMOBILE lane skiers left on Bear Trap**, parents may stand or hike outside of the race arena only
- There is NO public access to the race course
- Spectators may NOT go down the race course at any time
- All course slippers are required to exit the racecourse BEFORE the finish line (skiing through the finish line at any time during inspection is NOT allowed and can cause your



team to be disqualified) you may only ski through the finish line if it is during your ski run.

- If there is heavy snow on a race day, coaches will be given specific instructions and it is possible Beaver Creek Race Dept may cancel the race for safety reasons.

### **Disqualifications:**

A competitor will be disqualified if he/she:

A competitor will be disqualified if he/she:

- Skis from one course to another
- Fails to make proper passage around all of the gates on their course. (No hiking is allowed)
- Receives outside help during the competition (athlete falls and someone helps the athlete back up, with no loss of equipment)
- A parent skis next to their athlete to the finish
- Has the parent crossing the finish line with the athlete.
- Losing a ski more than two gates above the finish line is considered a clear disqualification. The competitor may not continue on the course
  - The exception to this disqualification is if the athlete loses a ski one –two gates above the finish, the athlete will be allowed to cross the finish line and a time will be awarded
- Finishes the run on the wrong finish line.
- If a skier faults, he may not continue through the finish line.

\*\*\*In case of a fall between the last gate and the finish line, the time is taken when a part of the competitor's body or equipment stops the timekeeping system

### **Rules of Re-Runs**

Prerequisites

- Any competitor who is obstructed while racing must stop immediately after the incident takes place and NOT continue through the finish.
  - The competitor would make his/her way to the finish line along the side of the course.
  - The Competitor must apply to a board member for a rerun. Board members are located on the road crossing, finish area or in the finish timing building
- Provisional re-runs will be given if, in special situations (e.g. in case of a missing gate, failure of the timekeeping system or other technical failures), the board may order a rerun.
  - Grounds for interference
  - Blocking of the course by an official, a spectator, an animal or other obstruction
  - Blocking of the course by a fallen competitor who does not clear the course quickly enough
  - Objects in the course such as a lost ski pole or the ski of a previous competitor
  - Absence of a gate knocked down by a previous competitor that has not been promptly replaced
  - Other similar incidents beyond the will and control of the competitor
  - Validity of a re-run
  - If the competitor was already disqualified before the incident entitling him to a re-run, the re-run is not valid
- The provisional or subsequently approved run remains valid even if it proves slower than the previous run.

- Start time of the re-run
  - The start referee will insert the re-run competitor into the already established start times once the competitor is ready.

### **Disqualifications/Protests:**

Following each race (morning/afternoon), disqualifications (DQ) will be posted at the scoreboard as soon as all gate judges scorecards are in. Once the DQ list is posted, 15 minutes will be allowed for the DQ to be challenged (protested); after this time the disqualification will stand as posted. A board member will be placed at the start of the racecourse and/or in the timing building. A board member may only accept a protest if it is based upon physical evidence or eyewitness testimony and new evidence exists that relates to the disqualification.

### **Gate judge importance:**

- The gate judge is to follow the instruction of the board
- If a competitor does not pass a gate correctly the gate judge must immediately and clearly mark the gate keeper card with the following:
  - The bib number of the competitor
  - The gate number of where the fault was made
  - A drawing of the fault committed is essential
- The decision handed down by the gate judge must be clear and unbiased.
- The gate judge must also observe that the competitor accepts no outside help (in case of a fall)
- That the competitor has made correct passage thru the gates
- A gate has been passed correctly when both the competitors ski tip and both feet have passed across the gate line.
- If the competitor loses a ski, the competitor will not be allowed to continue and the gate keeper will note this on the card as a DNF
- The gate judge must declare a fault only when he/she is convinced that a fault has been committed
- The gate judge can consult the adjacent gate judge in order to confirm his opinion, he/she can (if time allows) quickly check the race line to see tracks on the course.
- When an adjacent gate judge or a member of the board makes a report concerning a competitor, which differs from the notes of the gate judge in question, the board may freely interpret the notes in view of a possible disqualification or a protest.
- A gate judges that has a fault on their card will be required to explain the fault to the head gate judge or a board member at the finish building. Gate Judges - Please do not leave the race arena until your card has been reviewed and accepted by a board member.
- The competitor is fully responsible for his/her actions must respect the gate judge's final decision.

### **Race Format**

- Again this year we will be running TWO separate races each race day. Age group awards will be given for both runs. Age grouping align with USSA Races and other BWL clubs. They are:
  - U8 (7 & younger), U10 (8 - 9 yo), U12 (10-11yo), U14(12-13yo) and U16 (14-15yo) (based on a December 31, 2014 birthdates). U14 and U 16 will be scored as one age group.
- The top 5 male and female in each age group will be awarded for each day's race.

### State points and Calculations

To determine the qualifying racers for the State Finals, points are awarded to competitors finishing in the top 15 for each race in their division. Points are calculated and added to each competitor's accumulative results after each race. The points will be calculated with 4 results, we will throw out the high and the low score of the 6 events skied and calculated to determine the state qualifiers, please know that this is different from years past. If in the event of a tie the tie will be broken with the calculation of all 6 events points.

<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1 <sup>st</sup>	25	6 <sup>th</sup>	10	11 <sup>th</sup>	5
2 <sup>nd</sup>	20	7 <sup>th</sup>	9	12 <sup>th</sup>	4
3 <sup>rd</sup>	15	8 <sup>th</sup>	8	13 <sup>th</sup>	3
4 <sup>th</sup>	12	9 <sup>th</sup>	7	14 <sup>th</sup>	2
5 <sup>th</sup>	11	10 <sup>th</sup>	6	15 <sup>th</sup>	1

### What your skiers need on race day

Racers are required to be on time and prepared for the day i.e., properly equipped and attired. This includes:

- **BWL Race Bib**-We expects our BWL skiers to wear their BWL race bib every day of BWL. This very unique bib helps identify our skiers in case of emergency. Also, our sponsors have paid to have their names on these bibs and the exposure of the bibs being worn every day is part of our commitment to them. It is also imperative that racers where their bib on race day as skiers race in bib order. **NO BIB, NO RACE!**
- No broken, questionable or unsuitable equipment is permitted.
- Skiers must race with poles, which have straps.
- Clothing suitable for all weather conditions.
- Helmet
- No Go-Pro Cameras are allowed at BWL Races.

### Race Day Etiquette for All

As was mentioned earlier in the handbook, there are many moving parts to running a race for 300 plus skiers. We've outlined below important information that allows for a smooth race operation. This information applies to racers, coaches, spectators and volunteers.

- **Racers** are required to wear this year's bib on race day. Any racer without their assigned 16/17 bib will not be allowed to race.
- **Spectators** are always welcome to cheer on our BWL racers. For the safety of both our racers and the spectators, please stay within the designated spectator areas: outside of the finish area fencing, lower knoll of bear trap (away from the race course and behind the spectator fence) and outside the starting gate area.
- **COACHES DO NOT SKI THRU THE FINISH LINE!** Skiing thru the finish line can adversely affect a skier's finish time.
- **DO NOT SKI IN THE SNOWMOBILE LANE** (located on skier's left of Bear Trap). This lane is exclusively for the regular snowmobile traffic going up and down the slope. Skiers are not always visible to the snowmobile driver. Skiing in this area could lead to a terrible accident.
- **PLEASE help the race crew by slipping the course when you ski down.**

## Code of Conduct-Child

Each racer is expected to be a “Junior Ambassador” for the Buddy Werner League program and behave in a manner that will bring credit to the parents, coaches, Beaver Creek Resort and him/herself while skiing, training and racing. Participants should be considerate of the efforts put into providing the skiing and training facilities by the resort and volunteers. Racers must obey all skier safety rules while on the hill. Courteous and responsible behavior is required at all times including while eating in mountain restaurants. Skiers are expected to represent the league and our community in a responsible and positive manner at all times. Skiers with behavioral problems and/or who do not follow the rules of the resort or league will face appropriate disciplinary action by a coach or board member, which can include being sent home or expulsion from the program. Under no circumstances will a racer be entitled to receive a refund of program fees in the event of expulsion from the program.

## Code of Conduct-Coaches

Coaches are expected to maintain the high standards upheld by the Buddy Werner League. No foul language, gestures or behavior will be tolerated by our coaches. We expect coaches to treat their skiers, all other volunteers of the program as well as employees and representatives of the mountain with respect at all times. No smoking, alcohol or drug usage during the time with the children will be allowed.

If a coach has an issue with a child, another coach, or another volunteer within the program, it is expected that the issue will be brought to the board’s attention immediately for discussion.

## SAFETY

Above all else, Buddy Werner League - Vail/Beaver Creek is concerned with the safety of our skiers. We will take the following precautions to ensure our skier’s safety:

- Two coaches will be present at all times-one coach leads, one coach follows. Even if not skiing in a perfect line, one coach should always be the “sweeper”.
- Coaches will discuss emergency procedures and precautions with skiers each morning before the first one. Pick a “safety” theme of the day.
- Children 8 and younger (or small children) will ride the chairlift with an adult.
- All skiers MUST wear helmets and we highly encourage our coaches and volunteers to wear a helmet as well.
- Sign in/sign out sheet will be given to coaches to use to check skiers in and out each day.

## Emergency Procedures

In the event of an emergency, coaches and board members will follow the organization’s procedures as noted below. Coaches will review this information with their skiers on the first day **however we ask that parents also discuss “what if” situations with their children so that they are prepared in an emergency.** At the beginning of the season, each child will be given an “important contact numbers” card that includes telephone numbers for Ski Patrol and Board members which can be attached to their season pass lanyard. Coaches will also add their contact information on the back.

## Sick Child

If a skier becomes sick during the day, a coach will escort the child to the BWL table. The volunteer on duty will contact the parent or guardian to notify them that the child needs to be picked up. If the child just needs to rest, please check back in to see if they would like to ski again. At the end of the day, coaches please check to make sure they have been picked up.

### **Lost or Child is separated from their team**

If a child is lost or separated from their team, the coach will immediately report the child to ski patrol, the Table parent and a board member. The Table parent, ski patrol and Board member will continue to communicate until the child is found and returned to their team. The child should ski to the last lift he/she rode with their team and notify the Lift attendant that they were separated from their group and need to contact Ski Patrol. It is important to mention that all skiers are required to wear their BWL bib, as it will allow for easy identification.

### **Injury**

Please report any serious injury first to BC Ski Patrol. Know your location and approximate nature of the injury-please don't speculate. Once, ski patrol has been called, please call a board member from your "important contact numbers" card. One coach should stay with the child, and the other coach should ski the remaining team members down. If a skier is taken down the mountain in a BC Ski Patrol Toboggan, they will not be allowed to ski for the rest of that day. If a skier is hurt badly enough to go to the ER or Urgent Care, a Doctor's release note must be provided before the skier can return to BWL. A coach or a BWL Board member must remain with the skier until a parent shows up.

### **Werner Wisdom Program**

In addition to developing our skiers physically, the Werner Wisdom Program helps coaches to strengthen their skiers socially and morally as well. Buddy Werner was well known by his peers for having many positive qualities and we feel that it is our job to instill these as well. Each non-race week coaches will be given a Werner Wisdom topic in the weekly e-mail with a few fun facts to share with your team. PLEASE use this to help enhance your skiers BWL experience and to bring about more meaningful conversation within your group. At the end of the season, the BWL Board will award one skier (nominated by their coach) and one Coach as the Werner Wisdom Winners at the awards banquet.

### **Buddy Werner League Contact Information**

The BWL Board of Directors works in cooperation with Beaver Creek Ski Resort to organize, support and manage the BWL program and its events. The purpose of the board is to provide a recreational ski program that is both affordable and fun for experienced skiers in grades 2<sup>nd</sup> thru 8th. The board's responsibilities include managing the organization's operations, events, property and affairs; to maintain financials, prepare and oversee an annual budget; to review policies and procedures and to the best of their ability maintain good communications with all participants, their families and sponsors who support BWL.

The Board members welcome your positive feedback and comments on the program and are available to speak to in person each contact (day) morning and afternoon after teams have departed and/or participants have been picked up. You can also send an e-mail to the board at [bwl.vailbc@gmail.com](mailto:bwl.vailbc@gmail.com) and a board member will respond to you via e-mail or phone call.

### **Board of Director Information**

<u>Name</u>	
Mike Brown	Michael Dunlevie
Beth Chabot	Jim Mires
Jim Childers	Danielle Steiner
Tom Davies	
RiAnne Davis	Dana Maurer (Administrator)